

Castle View High School

Summer Strength & Conditioning Internship 2025

June 2 – July 25th

(7 weeks/June 30th - July 4th week off)

Monday-Thursday 6am- 11am, 11-12pm Optional Training in Olympic Weightlifting

Interns will work in the weight room with high school and middle school athletes. You will work with various teams including soccer, football, volleyball, cross country, softball, baseball, poms, wrestling, and 7th and 8th graders for general sport fitness.

Applicants should:

- Have experience in the weightroom
- Be able to learn and lead as a coach for youth athletes
- Demonstrate critical thinking
- Have CPR certification or be willing to get it before employment
- Preferred applicants will have personal training or group fitness certifications
- Pass a background check
- Be able to demonstrate or explain in high detail common weight training movements

Please send a cover letter and resume to jboriack@dcsdk12.org before May 1, 2024.

Please reach out if you have further questions.

Mr. Jordan Boriack

M.A., CSCS, USAW National Coach, USATF