

VOLOUNTEERS NEEDED

Investigating the effects of heat exposure on cognition, motor skills, and mood state. (Get volunteer hours and a free BodPod!)

Are you a healthy active person
between the ages of 18 to 65 years,
without any known
cardiovascular/heart issues and are
not pregnant?
If so, please get in touch to
participate and more information
will be provided

What is involved:

1 Screening session (1 h)
2 lab visits (1 hot, 1 temperate;
3-4 h each; ~9 h total time commitment)

Physiological measures (rectal and skin temperature; blood, urine and saliva samples; heart rate; ratings of thermal comfort and ratings of aggression), cognitive scores, and motor skill performance will be measured

Where:

Hybl Sports Medicine and Performance Center 4925 N Nevada Ave, Colorado Springs, CO 80918

How to sign up:

Please contact

Dr. Nathan Morris, PhD (Assistant Professor at UCCS) Phone: 719-255-4466

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