



### UNC COM Supplemental Essays

- A. Please respond to one of the four essay prompts below in 500 words or less.
- **Identity and Lived Experience:** Reflect on a significant aspect of your identity or lived experience. How do you envision it shaping your practice as a future physician?
  - **Commitment to Community and Health Equity:** Describe a time when you worked to address a health or social need in a community. What did you learn from that experience, and how has it prepared you for medical school?
  - **Collaboration:** Reflect on a time when you engaged in a collaborative effort. What did the experience teach you, and how do you feel it will help you during medical training?
  - **Osteopathic Principles and Practice:** What specific experience/exposure have you had with osteopathic medicine? How has this influenced your decision to become an osteopathic physician?
- B. Below are three optional essays that can provide additional context to your application for the admissions committee. **Please only complete them if they are relevant to your application or situation in 250 words or less.**
- **Reapplicant:** What have you done to strengthen your application? Please be brief and explicit.
  - **Non-traditional Applicant:** Please briefly describe your path to medicine. What motivated you to pursue medicine at this point in your life, and how will your experiences add to the quality of UNC COM's entering class? UNC COM considers applicants who are over 25 years old, three or more years post-graduate, or making a career change to be non-traditional.
  - **Academic Challenges:** If applicable, please describe any academic obstacles or personal setbacks (e.g., death of a family member, Low First-Year GPA, repeating coursework, challenges in prerequisite coursework, etc.) that impacted your education. What did you learn from the experience, and how have you grown as a result? How will this resilience support your success during medical training?
- C. **Asynchronous Video:** Physicians must be able to communicate clearly and effectively. Applicants will respond to two video prompts that ask them to reflect on qualities and skills important to the medical profession. Applicants should practice giving a concise and polished response to interview questions in 2 minutes. There is a 20-question Q&A bank and they will be randomly assigned to applicants.
- D. **UNC Alum Only:** The Phelps Family CAP Osteopathic Medicine Scholarship is a \$30,000 per year scholarship, renewable for up to three years, that will be presented to two UNC



alumni who are accepted and matriculate into the first class. The Donors believe that three (3) key elements serve as foundation pillars for building and living meaningful lives, captured by the action acronym C.A.P.

**Contribute...** by volunteering time and personal skills, talents, abilities, experience, and passion around issues in service to the community.

**Achieve...** by displaying a bias toward action and performance, self-reliance, persevering, and overcoming obstacles to accomplishing goals.

**Pay-it-forward...** by impacting the lives of others in meaningful and positive ways to them through small or large, random, or planned acts of kindness, caring, and “giving back.”

To be considered for this scholarship, you must meet the following criteria:

- Be citizens of the United States or Permanent Residents, and Colorado residents.
- Be an alum of a UNC graduate or undergraduate program.
- Have achieved above-average MCAT test scores. *Note: The MCAT average will be determined after the first round of acceptances are extended.*
- Demonstrate financial need. *Note: The Office of Financial Aid will determine financial need after reviewing the Free Application for Federal Student Aid (FAFSA). You can complete your FAFSA by visiting <https://studentaid.gov/>. UNC's Federal School Code for FAFSA is 001349.*
- Copy and paste a personal statement below describing how the three elements of the “C.A.P.” acronym described above apply to your life. No more than 500 words.

### **Scholarship Requirements**

- Maintain Good Academic Standing
- Complete financial literacy training before the third semester of medical school
- Submit a biographical summary and a thank you note to be shared with the Donors
- Attend a meeting with Donors by the end of the first semester of medical school