



# SUMMER 2026 INTERNSHIP

## PITCHING & STRENGTH TRAINING

June 8th – August 21st

### What you'll learn

- Next Era's Performance Systems
- Next Era's Assessment Process
- Interpretation of VALD Force Plate Data
- Breakdown of Next ERA's Strength Programming Systems
- Breakdown of Next ERA's Throwing Programming Systems
- Learning Proper Implementation of Overloaded and Underloaded Implements In Throwing (Plyocare Balls, Weighted Baseballs, etc)
- Learning interpretation of Ball Flight Data (Trackman Data, edgertonic video)
- Interpretation of Motion Capture Data (Qualysis Markerless Motion Capture Data)

### Why intern with us?

You'll gain valuable experience on our floor coaching youth, high school, college, and professional athletes and work in an interdisciplinary environment communicating with physical therapists, strength coaches, and pitching coaches.

### Ready to apply?

Send your resume to:  
[bthorn@nexterapt.com](mailto:bthorn@nexterapt.com)