

Unlock Wellness with Our Gym Memberships!



ResultsFitnessRx

WORK HARD. TRAIN HARD. SUCCEED TOGETHER.

EXCLUSIVE MEMBERSHIP PLANS

- ✓ Learn our business model
- ✓ Experience marketing techniques



CLASS SCHEDULE

60-MINUTE CLASS TIMES - MORNINGS

- ✓ 5am, 6:10am, 7:20am, 8:40am, 9:50am, 11am

60-MINUTE CLASS TIMES - AFTERNOONS

- ✓ 3pm, 4:10pm, 5:20pm, 6:30pm

ATHLETIC TRAINING AND INJURY PREVENTION



COMPREHENSIVE BENEFITS

- ✓ Scheduled classes
- ✓ Personal trainers
- ✓ Nutrition coaching
- ✓ Personalized assessments
- ✓ Injury recovery and prevention

Result Fitness RX has a multifaceted program that allows interns to experience hands on group coaching, personal training, assessments, nutritional coaching, injury recovery, injury prevention, marketing, and business structure with childcare.

SATURDAY SPECIAL

FREE FOR EVERYONE!

- ✓ 8am, 9:10am, 10:20am
Bring your friends & family!



For more information contact



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