Kathryn A. Blair

Educa	ntion:			
1992	PhD		Missouri-Columbia, Columbia, MO lopment and Family Studies	
1979	MSN		Colorado Health Sciences Center, Denver, CO	
			Practitioner and Pediatric Nurse Practitioner	
1971	BSN		niversity, Kent, Ohio	
		Nursing		
Non-A	Academi	c-Professional	Experience	
Ianiiar	y 2009-j	recent	Storms Clinical Research Institute Sub In	vestigator
	y 2009-j y 2009-j		William Storms Allergy and Asthma clinic	FNP
Junuu	y 2007 1		1625 Medical Center Point, Suite 190	1111
			Colorado Springs, CO 80907	
Februa	ary 2008	- 2009	Colorado Springs City Employee Clinic	FNP
Sept.2007- Dec. 2008			East Side City/County Employee Clinic	FNP
1			Clinical preceptor for NP students	
Dec.19	997-June	2007	North Colorado Family Medicine, Greeley, CO	Faculty/FNP
			Coordinator of FNP student clinical rotation,	
			Clinical preceptor for FNP students and FP resident	dents
1994-1	12/1997		Keene Family Medicine, Keenseberg, CO	FNP
			Fort Lupton Family Medicine Clinic	FNP
			Fort Lupton, CO	
1994-96			Weld County Health Department, Greeley, CO	FNP
1986-9	93		St. Mary's Hospital, Jefferson City, MO	RN, Staff nurse
			Cardiac Step-down Unit and intensive Care Unit	
1991-9	92		Cole County Health Department	FNP
			Jefferson City, MO	
			Prenatal Clinic	
1979-8	34		A.H. Gould Family Medicine	FNP
			Grand Junction, CO	

Academic Professional Experience

2007- present	University of Colorado-Colorado Springs Professor
	NP option coordinator
1999-2007	University of Northern Colorado, Greeley, CO
	Professor
	Coordinator FNP emphasis
1994-1999	University of Northern Colorado, Greeley, CO
	Associate Professor
	Coordinator FNP emphasis
1993-1994	University of Missouri-Columbia, Columbia, MO

	School of Nursing
	Assistant Professor of Clinical Nursing
	School of Medicine: UM-Columbia
	Family Nurse Practitioner Faculty
1984-1993	University of Missouri-Columbia, Columbia, MO
	School of Nursing
	Clinical instructor
1980-1984	Mesa College, Grand Junction, CO
	Associate Faculty

Publications: Juried (Peer reviewed)

- Blair, K. & Evelo, A. (2013). Risk factors for COPD: What do NPs know? *Journal of the American Academy of Nurse Practitioners* 2013 May 13. doi: 10.1002/2327-6924.12032. [Epub ahead of print]
- 2. Blair, K.A. & Evelo, A. J. (2013). COPD: Overview and survey of NP knowledge. *The Nurse Practitioner: The American Journal of Primary Healthcare*, 38(6),18-26.
- 3. Blair, K. (2009) Staying up-to-date: Quick resources and email alerts. *Topics in Advanced Practice Nursing eJournal*,9(3) <u>http://www.medscape.com/viewarticle/707581</u>
- 4. Blair, K. (2007). Evidenced based approach for urinary tract infections across the lifespan *Journal for Nurse Practitioners* 3(9)629-32.
- 5. **Blair, K &** Lipinski, P. (2007). Dysphagia in older adults: A common but serious symptom. *Advance for Nurse practitioners* 15(1), 45-48.
- 6. **Blair, K.** & Beltz, J. (2006). Dyspepsia: Which is it? Gastroesophageal reflux disease or peptic ulcer disease. Review and update. *Journal for Nurse Practitioners*. 2(3), 157-164.
- 7. Blair, K. (2006). How to negotiate a faculty practice in an academic setting. *Topics in* Advanced Practice Nursing eJournal. 5(4) <u>http://www.medscape.com/viewarticle/520373</u>
- 8. **Blair, K.** (2005). Faculty practice: Scholarship of application\engagement: How to make it work. *Scholarship Manual*. NONPF.
- 9. Blair, K (2005). Does faculty practice validate the NP educator role? *Sourcebook for Advanced Practice Nurses from the publisher of The Nurse Practitioner* .9-10.
- Ladden, M., Blair, K. Moore, S. & Roberts, K. (2003). Educating health professionals for Collaborative Interprofessional Team Practice: Lessons from the field. (monograph) In Advancing New Paradigms in Advanced Nursing Practice: Models for Nurse Practitioner Education .NONPF
- 11. Blair, K., & Leners, D. (2000). Pharmacist's attitudes toward advanced practice nurses' prescriptive authority. *Nursing Connection*, *13*(2), 35-41.
- Blair, K. & White, N. (1998). Are older women offered adequate health care? *Journal of Gerontological Nursing* 24 (10) 39-44.

- 13. **Blair, K** (1998). Cancer screening of older women: A primary care issue. *Cancer Practice,* 6(4) 217-222.
- 14. Blair, K. (1992). Androgeny and tolerance for ambiguity: Predictors for stepparenting success. (Doctoral dissertation).
- 15. Blair, K. (1990). Physiological aspects of aging: Clinical implications. *The Nurse Practitioner*, 15(2), 14-28.
- 16. **Blair, K.** (1986). Vitamin supplementation and megadoses. *The Nurse Practitioner*, *11*(7), 19-34.
- 17. **Blair, K.** (1986). The battered woman: Is she a silent victim? *The Nurse Practitioner*, *11*(6), 38-47.

Publications: Non-Juried

- 1. Blair, K. (2006, September) Doctorate of Nursing Practice: The future for advanced practice nurses? *Colorado Nurse*
- 2. Blair, K. (2006, June) National Council of State Boards of Nursing "Vision" Paper: A Synopsis *Colorado Nurse*
- 3. Blair, K., Dennehy, P. & White, P. (2004). Expectation of professionalism: Faculty practice. Position statement. NONPF
- 4. Blair, K. (2002, December) Collaborative Interdisciplinary Team Practice Colorado Nurse

Presentations: Non- juried

Dallow , K. & Blair, K. 2001-2007 "Annual Orthopedic workshop"
 Workshop (Funded by RWJ) 2003 Group Appointments: The Basics, Logistics & Outcomes

Book/Book chapters

- 1. **Blair, K**. (2011). Assessment of the geriatric client: What is different? Lange, J. (Ed) *The Nurse's Role in Promoting Optimal Health in Older Adults*. Philadelphia: F.A. Davis.
- 2. Blair, K.(2011). Priorities regarding health of older adults. Lange, J. (Ed). *The Nurse's Role in Promoting Optimal Health in Older Adults* Philadelphia: F.A. Davis.
- Blair, K. (2010). Translating research into practice: Barriers and solutions In Jansen, M. P. & Zwygart-Stauffacher, M. (Eds.) Advanced Practice Nursing: Core Concepts for Professional Role Development (4th ed.) New York: Springer Publishing.
- Stanley, M., Blair, K. & Beare, P (2004) Gerontological Nursing: A Health Promotion/Protection Approach (3rd ed) Philadelphia: F.A. Davis.

- Stanley, M. & Blair, K. (1999). Instructor's Guide for Gerontological Nursing: A Health Promotion/Protection Approach, (2nd ed.) Philadelphia: F.A. Davis.
- Blair, K (1999). Immobility and activity intolerance. In M. Stanley & P. Beare (Eds.) *Gerontological Nursing: A Health Promotion/Protection Approach*. (2nd ed.) Philadelphia: F.A. Davis.
- Blair, K (1999). Pulmonary system and its problems in the elderly. In M.Stanley (Ed.) *Gerontological Nursing: A Health Promotion/Protection Approach.*(2nd ed). Philadelphia: F.A. Davis.
- 8. Milde, F. **Blair, K.** & Stanley, M. (1995). Immobility/activity intolerance. In M. Stanley & P.G. Beare (Eds.), *Gerontological Nursing*. Philadelphia: F.A. Davis.

Reviewer/Editor

Books

1. 2007

Adams, M. & Koch, R. (2009). *Pharmacology: Connections to Nursing Practice* Prentice Hall

Chapters (2)

- 1) Pharmacotherapy of Bone and Joint Disorders
- 2) Pharmacotherapy of Asthma and Other Pulmonary Disorders

2. 2007

Edmunds, M & Mayhew, M. (2009) *Pharmacology for the Primary Care Provider* (3rd ed) St. Louis: Mosby/Elsevier

Chapters (3) 1) Antifungals 2) Sulfonamides

- 3) Antitubercular Agents
- 3. 2007

Urbancic, J.& Groh, C. (2008)Women's Mental Health: A Clinical Guide for Primary Care Health Providers Lippincott &Williams &Wilkins Chapters (2):
1) Trauma and Violence

2) Sleep Disorders

4. 2004

Zerwekh, J. & Claborn, J. (2004) *Family nurse practitioner certification review*. (2nd ed). St. Louis: Saunders/Elsevier

5. 2003

Fenstermacher Practice Guidelines for Family Nurse Practitioners 2/e (contributer)

Varney, Kriebs & Gegor Varney's Midwifery. 4th ed.

Clinical Management of Patients in Subacute and Long-term Care Settings Elsevier publications

Journals

2011-present	Lippincott Williams & Wilkes Nursing Journals
2005-present	American Journal of Nurse Practitioners
2008-present	The Journal for Nurse Practitioners
2011-present	Journal of American Academy of Nurse practitioners
2007-present	MORE EBN, British Journal of Medicine Updates

Grant/Abstract

2003-present	Abstract and small grant reviewer STTI/AACN (15-20 abstracts: 6 grants
	annually)
2009/10	Abstract Reviewer for the National Organization of Nurse Practitioners
2008	Abstract reviewer for American Academy of Nurse Practitioner

Editor/Editorial Advisory Board

2006-2011	Medscape NONPF Educator Forum
2010-2014	Nurse Practitioner: American Journal of Primary Health Care

Professional Presentations: Juried

- 2013 Blair, K. & Evelo, A. COPD: Missed opportunities for interventions 14th interdisciplinary Research Conference Trinity College, Dublin, Ireland Poster Presentation
- 2012 Blair, K. & Evelo, A. Chronic Obstructive Pulmonary Disease (COPD) Update: What do nurse practitioners know? 7th International Nurse Practitioner/Advanced Practice Nursing Network Conference Advanced nursing practice: Global vision – global reality. London England. *Poster Presentation*
- 2011 Blair, K. NP faculty practice: Making it work for promotion and tenure NONPF 37th Annual meeting *Podium presentation*
- 2011 Blair, K. COPD: What you may not know? ACNP National Clinical Conference *Poster presentation*
- 2010 Blair, K. COPD: It's not all about smoke AANP 25th National Conference *Podium presentation*
- 2008 Blair, K. Scholarship of practice NONPF 34 Annual meeting Podium presentation

- 2005 Blair, K. Nurse practitioner role goes international: History and evolution of the nurse practitioner role 5th US-Russian Nursing Conference Podium presentation *Podium presentation*
- 2004 Blair, K. Collaborative interdisciplinary team Education: A model for chronic illness care in primary care. American College of Nurse Practitioners National Clinical Conference. *Poster presentation*
- 2003 Blair, K. Interdisciplinary Care Plan: An instrument to overcome the barriers to collaborative team practice. Sigma Theta Tau International Toronto, Canada *Podium presentation*
- 2002 Blair, K. Collaboration: Myth or reality? International Council of Nursing Adeleaide, Australia *Podium presentation*
- 2002 Blair, K. Interdisciplinary care plan: A method to improve patient outcomes and promote team education NONPF 28th Annual meeting Minneapolis. *Workshop*
- 2001 Wallace, M., Garber, S. Richter, J. Blair, K., & Squires, R. Interdisciplinary team education. STFM Denver 4*Workshop*
- 2001 Blair, K. "Managing care in the 21st century: A role for nurse practitioners" NONPF 27th Annual meeting April 5-8 San Antonio. *Podium presentation*
- 2000 Blair, K. Advanced Practice Nurses' Prescriptive Authority: What Do Pharmacists Understand? American Academy of Nurse Practitioner's National Conference Washington, DC. *Poster presentation*
- 1997 White, N. & Blair, K. "Health screening and illness management among older women. Nursing: Changing the Environment 11th Annual Western Institute of Nursing May1-3 1997 Portland Oregon. *Podium presentation*
- 1997 Blair, K. & White, N. "What health care services are primary care providers offering older women" Women's Health Issue: A Global Nursing Perspective University of Cincinnati St. Thomas, VI USA. *Poster presentation*.
- 1996 Blair, K. & White, N. Are older women receiving appropriate health care and health maintenance?" 1996 National AJN Conference: Nursing at the Crossroads, Orlando FL. *Poster presentation.*

Grants

2010 \$4000 "COPD: A missed opportunity for secondary prevention" American Academy of Nurse Practitioner Foundation grant (funded) <u>Principle investigator</u>

Funded (Prior to appointment at UCCS)

2006 \$100,000 Center of excellence project for the North Colorado Health Alliance. The center will be working on the training of health professionals in the delivery of integrated health (mental health, substance abuse and primary care). SON Representative

2000-2003	\$450,000, "Partnerships in Primary Care: A Managed Care Imperative", CITE, Robert Wood Johnson, <u>Principal Investigator</u> , 3-years (<i>Colorado Action</i> <i>Practice</i>)
1999-2000	\$30,000 "Managed Care: a Curricular Necessity for Family Nurse Practitioners", Partnerships in Quality Education, Robert Wood Johnson, <u>Principal Investigator</u> , 2 years
1997	\$2000 Graduate Research and Publications Award. <i>Prescriptive Authority:</i> <i>Practices and perceptions of Advanced Practice Nurses and Pharmacists</i> . <u>Principal Investigator</u>

Recognition/Awards

2008	American Academy of Nurse Practitioner Fellow
2007	State of Colorado NP Advocate Award American Academy of Nurse Practitioners
2006-2007	Excellence in Service Award College recognition College of Natural and Health Sciences, UNC
2006-2007	Excellence in Service Award University recognition University of Northern Colorado (UNC)
2002	Outstanding Nurse Practitioner Educator Award National Organization of Nurse Practitioner Faculties
2000-2001	College Scholar Excellence Award College of Health & Human Sciences, UNC

Professional Association Participation:

Date	Organization	Activity
1997-present	National Organization of Nurse Practitioner	Member
	<u>Faculties (NONPF)</u>	
2011-12	Distance Education Special Interest Group	Member
2012-13	Nominating committee	Elected member
2009-11	NONPF Faculty Development Committee	Co-chair
2009	Research Special Interest Group	Member
2007	NONPF Faculty Development Committee	Member
2003-07	NONPF	Board member
	Faculty Practice Committee	Chair
2006-07	NONPF Educational Committee	Interim Chair
2005-11	NONPF Faculty Forum / Medscape	Editor/contributor
1990- present	Sigma Theta Tau (National Nursing Honor Society)	Member
-	Alpha Iota/Zeta Omicron Chapter	Member
2002-present	Reviewer for grants and abstracts	Reviewer

1999-02	Nominating Committee for Zeta Omicron	Chair
2004-07	American College of Nurse Practitioners ACNP Public policy Team	Member Member
2004-present	<u>American Academy (Association) of Nurse</u> Practitioners	Member
2009-12 2009	AANP Selection Committee (for Fellows) AANP mentor (mentee Tamika Harris, DNP)	Member
2008-present	AANP Pilot CE Reviewer Program	Member
1994-present	Colorado Nurses Association	Member
2004-10	CNA Nurse Practice and Professional Issues Committee	Member
•	CNA Nurse Practice and Professional	
2004-10	CNA Nurse Practice and Professional Issues Committee	Member
2004-10 2002-10	CNA Nurse Practice and Professional Issues Committee <i>Colorado Nurse</i>	Member Editorial Board

Professional Consultation

2012	Consultant for Western Governor's University FNP program
2008-2010	University of Botswana external examiner for the Family Nurse Practice (FNP) Programme in Botswana
2007	University of Missouri-St. Louis Consultant for DNP program development
2004-2009	Consultant and expert witness State of Colorado Department of Law/ Office of the Attorney General

Professional Development Activities: Workshops, Conferences Attended: Last 8 years			
2014			
2013			
2013			
2013			
2012			
2012			
2012			
2011			
2010			
2010			
2009			
2009			
2008			

23 rd National American Academy of Nurse Practitioner Conference	2008
22 nd National American Academy of Nurse Practitioner Conference	2007
33 rd NONPF Annual meeting	2007
31 th National Nurse Practitioner Symposium	2006
32 nd NONPF Annual meeting	2006
30th National Nurse Practitioner Symposium	2005
NONPF 30 th Annual meeting	2005
5 th Us Russian Nursing Conference	2005
ACNP National Clinical Conference	2004
29th National Nurse Practitioner Symposium	2004
NONPF 29 th Annual meeting	2004

Clinical Trials in Association with Storms Clinical Research Institute

Safety and efficacy of SKY 006 FlutiForm HFA pMDI (250/10mcg twice daily) in adolescents and adult patients with moderate to severe asthma – 2009

Randomized, double-blind trial of MP29-02 nasal spray compared to placebo, azelastine hydrochloride nasal spray and fluticasone propionate nasal spray in the treatment of patients with seasonal allergic rhinitis - 2009

Phase IIIb multicenter, randomized, double blind, placebo-controlled study of Xolair in subjects with moderate to severe persistent asthma who are inadequately controlled with high-dose inhaled corticosteroids and long-acting beta-agonists - 2009

A randomized double-blind, controlled, parallel group, 12 week treatment study to compare the efficacy and safety of the combination of indacaterol 150mg once daily versus open label tiotropium 18mg once daily in patients with moderate to severe chronic obstructive pulmonary disease - 2009

A double-masked randomized parallel group comparison of seasonal allergic rhinitis treatment with olopatadine 0.6% and Azelastine 0.1% when treatments are used in combination with fluticasone propionate 50mcg nasal spray SMA-08-23 - 2009

A double-blind, randomized multicenter cross-over evaluation of the sensory attributes of Olopatadine 0.6% and Azelastine 137mcg nasal sprays in patients with allergic rhinitis (sensory II) - 2009

A two-week randomized, double-blind study assessing the onset of effect questionnaire administered daily versus weekly in African American subjects greater or equal to 18 years of age with mild to moderate asthma, receiving Symbicort pMDI 80/4.5mg x 2 actuations twice daily or budesonide HFA pMDI 80 mg x 2 actuations twice daily – 2009

A randomized, double-blind, placebo controlled, multiple dose phase 2 study to determine the safety and Efficacy of AMG 853 in subjects with inadequately controlled asthma – 2009-2010

Safety of PATANASE® Nasal Spray in patients with perennial allergic Rhinitis - 2009-2010

A Phase 3, open-label, randomized, long-term comparison of the safety and tolerability of the TAK-491 Plus Chlorthalidone Fixed-Dose Combination vs. Olmesartan Medoxomil-

Hydrochlorothiazide Fixed-Dose Combination in subjects with essential hypertension – 2009-2010

A 6-month randomized, double-blind, placebo-controlled, parallel group, efficacy and safety study of once daily ciclesonide HFA nasal aerosol (80 and 160 μ g) in the treatment of perennial allergic rhinitis (PAR) in subjects 12 years and older – 2009-2010

A randomized, double-blind, placebo-controlled, parallel group, Phase 3 clinical study to assess the long-term efficacy and safety of BDP HFA nasal aerosol (320 mcg, once daily) in adult and adolescent subjects (12 Years and Older) with perennial allergic rhinitis (PAR) – 2009-2010

A 6-month open label, long-term safety extension study of once daily ciclesonide HFA nasal aerosol (160 μ g) in the treatment of perennial allergic rhinitis (PAR) in subjects 12 years and older - 2010

A prospective, randomized, double-blind study of the efficacy of Xolair® in atopic asthmatics with good lung capacity who remain difficult to treat (exact) -2009 - 2011

A randomized, double-blind, placebo controlled, multiple dose phase 2 study to determine the safety and efficacy of AMG 853 in subjects with inadequately controlled asthma – 2009 - 2011

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Phase 3 Clinical Study to Assess the Long-term Efficacy and Safety of BDP HFA Nasal Aerosol (320 Mcg, Once Daily) in Adult and Adolescent Subjects (12 Years of Age and Older) With Perennial Allergic Rhinitis (PAR)– 2011

A 16-Week, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study to Evaluate the Efficacy and Safety of Reslizumab (0.3 or 3.0 mg/kg) as Treatment for Patients (12-75 Years of Age) With Eosinophilic Asthma – 2011-2012

HZC113782: A Clinical Outcomes Study to compare the effect of Fluticasone Furoate/Vilanterol Inhalation Powder 100/25mcg with placebo on Survival in Subjects with moderate Chronic Obstructive Pulmonary Disease (COPD) and a history of or at increased risk for cardiovascular disease. – 2011-present

A 12-Week Dose-ranging Study to Evaluate the Efficacy and Safety of Fp Spiromax® (Fluticasone Propionate Inhalation Powder) Administered Twice Daily Compared With Placebo in Adolescent and Adult Subjects With Severe Persistent Asthma Uncontrolled on High Dose Inhaled Corticosteroid Therapy – 2012-2013

A 12-Week Dose-ranging Study to Evaluate the Efficacy and Safety of Fluticasone Propionate DPI Administered Twice Daily Compared With Placebo in Adolescent and Adult Subjects With Persistent Asthma Uncontrolled on Non-steroidal Therapy–2012

A 6-month Safety and Benefit Study of Inhaled Fluticasone Propionate/ Salmeterol Combination Versus Inhaled Fluticasone Propionate in the Treatment of 6,200 Pediatric Subjects 4-11 Years Old With Persistent Asthma – 2012-present

A Phase III, Randomized, Double-Blind, Placebo-Controlled Study to Assess the Safety and Efficacy of Lebrikizumab in Patients With Uncontrolled Asthma Who Are on Inhaled Corticosteroids and A Second Controller Medication – 2012-2013

SAS115359: A 6-month Study to Assess the Safety and Benefit of Inhaled Fluticasone Propionate/Salmeterol Combination Compared With Inhaled Fluticasone Propionate in the Treatment of Adolescents and Adults (12 Years of Age and Older) With Asthma. – 2012

A 12-Week Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Safety and Efficacy Study of Ciclesonide Nasal Aerosol in Subjects 6-11 Years With Perennial Allergic Rhinitis – 2012-2013

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, 12-Week, Clinical Study Designed to Assess the Efficacy and Safety of BDP Nasal Aerosol (80 Mcg, Once Daily) in Pediatric Subjects (4 to 11 Years of Age) With PAR – 2013

A Randomised, Double Blind, Placebo-Controlled, Multi-Centre, Parallel Group Study to Evaluate the Efficacy and Safety of ADC3680 Administered Once Daily as an Add-On Therapy to Inhaled Corticosteroids and When Co-Administered With Montelukast in Subjects With Inadequately-Controlled Asthma. – 2013-present

Randomized, Double-Blind Trial of the Safety and Efficacy of Dymista Nasal Spray Compared to Placebo Nasal Spray in the Treatment of Children Ages >4 Years to <12 Years With Seasonal Allergic Rhinitis – 2013

A Randomized, Double-Blind, Multiple-Dose trial of Mometasone Nasal Spray, 50 µg (Mylan), Nasonex® Nasal Spray, 50 µg (MSD-US), Nasonex® Nasal Spray Suspension, 50 µg (MSD-EU) and Placebo for the Treatment of the Signs and Symptoms of Seasonal Allergic Rhinitis in 1,520 Mald and Female Volunteers. – 2013-present

A Randomized, Double-blind, Placebo-controlled Study to Evaluate the Safety and Efficacy of Brodalumab in Subjects With Inadequately Controlled Asthma and High Bronchodilator Reversibility – 2013-present

Randomized Trial of the Safety of Astepro 0.15% Nasal Spray and Astepro 0.1% Nasal Spray in Children Ages >6 Months to <6 Years With Allergic Rhinitis – 2013-present

A Randomized, Double-Blind, Placebo-Controlled, Dose-Ranging Study to Evaluate Dupilumab in Patients With Moderate to Severe Uncontrolled Asthma – 2013-present

A Phase III, Randomized, Double-Blind, Placebo-Controlled Study to Assess the Efficacy and Safety of Lebrikizumab in Patients With Uncontrolled Asthma Who Are on Inhaled Corticosteroids and a Second Controller Medication – 2013-present

A Double-Blind, Randomised, Placebo-Controlled Multi-Centre Field Study to Assess the Efficacy and Safety of Cat-PAD Peptide Immunotherapy in Cat Allergic Subjects – 2013-present