

Deborah Lynn Pollard, PhD, RNC-OB, C-EFM, CNE, IBCLC, RLC
 Beth-El College of Nursing and Health Sciences
 UH 147-B
 719-255-3577
dpollard@uccs.edu

EDUCATION

University of Pittsburgh	Pittsburgh, PA	1998	PhD, Nursing
West Virginia University	Morgantown, WV	1985	MSN, Nursing
West Liberty State College	West Liberty, WV	1981	BSN, Nursing
OVGH School of Nursing	Wheeling, WV	1975	Diploma, Nursing

ACADEMIC APPOINTMENTS

2015	Associate Professor	University of Colorado Colorado Springs
2004-2014	Associate Professor Tenured (2010) Interim Director, 2014 Associate Director, 2013 Assistant Department Chair, 2011-2013 PreLicensure Program Coordinator, 2005-2013	University of North Carolina Wilmington
1990-2004	Associate Professor Tenured (1996)	Wheeling Jesuit University
1981-1987	Instructor	Ohio Valley General Hospital School of Nursing

PRACTICE APPOINTMENTS

2015	Lactation Consultant	St. Francis Medical Center Colorado Springs, CO
2005-2014	Lactation Consultant	New Hanover Regional Medical Center Wilmington, NC
1990-2004	Maternal-Child Clinical Nurse Specialist and	Wheeling Hospital Wheeling, WV

Lactation Consultant

1987-1990	Maternal-Child Patient Care Coordinator	Wheeling Hospital Wheeling, WV
1975-1981	Staff Nurse, RNII, Pediatrics	Ohio Valley Medical Center Wheeling, WV

REFEREED PUBLICATIONS

Gibson, A. & Pollard, D. (2015). Pharmacological labor-stimulating agents and neonatal outcomes. *Health Care for Women International*.

Jarosinski, J. & Pollard, D. (2014). Postpartum Depression: Perceptions of a Diverse Sample of Low-Income Women. *Issues in Mental Health Nursing*, 35, 189-197.

Goetting, M. & Pollard, D. (2013). Knowledge, attitudes, and self-efficacy of nurses in the management of pediatric pain. *Pediatric Nursing*, 39(4), 165-171.

Pollard, D. & Jarosinski, J. (2012). Correlates of perinatal depression in diverse, low-income women. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 41: S127-S128. DOI: 10.1111/j.1552-6909.2012.01362_13.x

Pollard, D. (2011). Impact of feeding log on breastfeeding duration and exclusivity. *Maternal and Child Health Journal*, 15(3), 395-400.

Hutto, H., Kim-Godwin, S., Pollard, D., & Kemppainen, J. (2011). Postpartum depression among White, African-American, and Hispanic low-income mothers in rural Southeastern North Carolina. *Journal of Community Health Nursing*, 28(1), 41-53.

Decker, K. & Pollard, D. (2010). Experiences of certified nurse midwives in providing culturally competent care to Hispanic women in southeastern North Carolina. *Southern Online Journal of Nursing Research*, 10(1).

Pollard, D. (2010). Impact of breastfeeding log intervention on duration and exclusivity, *Maternal and Child Health Journal*, published online February 23, 2010. DOI: 10.1007/s10995-010-0583-x.

Pollard, D. & Guill, M. (2009). Relationship between baseline self-efficacy scores and breastfeeding duration. *Southern Online Journal of Nursing Research*, 9(4).

Pollard, D., Kuiper, R., & Meredith, C. (2009). Camp BONES: A partnership initiative to engage underrepresented adolescents in a career in nursing at the baccalaureate level. *Journal of Nursing Education*, accepted 02/04/2009. Preliminary online release on November 25, 2009, <http://www.journalofnursingeducation.com/advanced.asp>

Stahl, K. & Pollard, D. (2003). Redesign of a Weight-Based Heparin Protocol for Improved Outcomes in a Community Hospital. *Journal of Nursing Care Quality*, 18(3), 193-201.

PRESENTATIONS

Panel Presentation at the 2012 STTI (Sigma Theta Tau, International) Leadership Forum, *"Making a Difference with Chapter Philanthropy"*, September 21, 2012, Indianapolis.

Poster Presentation at the 2012 AWHONN (Association of Women's Health, Obstetric, and Neonatal Nurses), *"Correlates of Perinatal Depression in Diverse, Low-Income Women"*, June 23-27, 2012, Washington, D.C.

Poster Presentation at the 2012 ISPN (International Society of Psychiatric-Mental Health Nurses) Annual Conference, *"Correlates of Perinatal Depression in Diverse, Low-Income Women"*, March 28-30, 2012, Atlanta.

Podium Presentation at the 2010 APNA (American Psychiatric Nurses Association) 24th Annual Conference, *"Correlates of Postpartum Depression in Diverse, Low-Income Women"*, October 13, 2010, Louisville, KY.

Podium Presentation at the 2010 ILCA (International Lactation Consultant) International Conference, *"Impact of Feeding Log on Breastfeeding Duration and Exclusivity"*, July 23, 2010, San Antonio, TX.

Poster Presentation at the 2010 Sigma Theta Tau Research Congress, *"Correlates of Postpartum Depression in Low-Income, Diverse Population"*, July, 2010, Orlando FL.

Poster Presentation at the 2010 Nu Omega Research Day, *"Correlates of Perinatal Depression in Low-Income, Diverse Women"*, April 16, 2010. Received award for best Research Poster. Wilmington, NC.

Podium Presentation at the SREB (Southern Regional Education Board) Council on Collegiate Education for Nursing, *"Achieving Faculty Ownership of Student Learning Outcomes: Consistency, Transparency, and Accountability"*, October 13, 2009. Atlanta, GA.

Presented a CNE (Certification for Nurse Educators) Review workshop for nurse educators, 2009, 2010, 2011, 2013, 2014.

Poster Presentation at International Lactation Consultant Conference: *"The Relationship between Socio-Demographic Variables and Baseline Self-Efficacy Scores on Breastfeeding Duration"*, July, 2008.

Poster Presentation at Nu Omega Chapter of Sigma Theta Tau International Honor Society: *"Factors Impacting Breastfeeding Duration in Southeast North Carolina"*, April, 2008.

"Breastfeeding and Obesity", Healthy Mothers-Healthy Babies, Coastal AHEC, April 12, 2007.

Co-Presenter at faculty development program for School of Nursing, *"Creating a Powerful Learning Experience through Effective Testing"*, October 29, 2007. Wilmington, NC.

Poster Presentation at 2007 NHRMC Annual Poster Fair, *"Factors Impacting Breastfeeding Duration in the First Six Months Following Delivery in Southeast NC"*, October 26, 2007. Wilmington, NC.

Oral Presentation at Nu Omega Chapter of Sigma Theta Tau International Honor Society: *“The Role of Self-Efficacy on Breastfeeding Duration Outcomes”*, March, 2007.

“Breastfeeding and Obesity”, Tri-County Breastfeeding Coalition Conference, September, 2006.

“Advanced Practice and Specialty Roles in Nursing.” Presentation at North Carolina Association of Nursing Students Conference, October 18, 2005.

Poster Presentation at Nu Omega Chapter of Sigma Theta Tau International Honor Society: *“A Longitudinal Evaluation of Infant Health Outcomes and Breastfeeding Duration in a Cohort of Primiparous Mothers”*, March, 2006.

“Breastfeeding Challenges: Getting the Pieces to Fit”, September 2003, Southeastern Ohio Breastfeeding Coalition.

“Effect of Self-Monitoring on Breastfeeding Duration in Primiparous Mothers”, October, 2002, Omicron Mu Chapter Sigma Theta Tau”.

Poster Presentation: 2002 ILCA International Conference, July, 2002, Boca Raton, FL. *“Experiences of Primiparous Mothers in the Six Weeks Postpartum”*.

“Effect of Self-Monitoring on Breastfeeding Duration in Primiparous Mothers”, October, 2002, Omicron Mu Chapter Sigma Theta Tau”.

Poster Presentation: 2002 ILCA International Conference, July, 2002, Boca Raton, FL. *“Experiences of Primiparous Mothers in the Six Weeks Postpartum”*.

“Critical Care Obstetrics”, September, 2001, AACN Pittsburgh Chapter.

“Breastfeeding Strategies for Common Breastfeeding Problems in Primary Care”, March, 2001, Marshall County Health Department.

“Learning via Distance Education: Activities to Capture the Learner”, October, 2000, Annual Teaching-Learning Conference, Ashland, KY.

Poster Presentation: 2000 AWHONN National Conference, June, Seattle, WA. *“Effect of Self-Regulation on Breastfeeding Duration in Primiparous Mothers”*.

GRANTS/PROPOSALS

NEPR (Nurse Education, Practice, and Retention. (2010). UNCW Extension Campus Accelerated Baccalaureate Nursing Program. PI and Project Director: Janie Canty-Mitchell. Role on Project: PreLicensure Program Coordinator, developed curriculum sequence and researched background. (Unfunded)

Department of Education, Congressionally-directed grant (2008). Nursing programs including military veterans, clinical research and distance learning (PI and Project Director: Janie Canty-Mitchell). Funding period: Jul 1, 2008 to June 30, 2009, \$201,419. Role on Project: Project Coordinator, PreLicensure Nursing Program, Accelerated Baccalaureate Nursing Option.

J. Richard Corbett Scholars Award granted for \$11,992 for proposal, "Identification of Perinatal Depressive Symptomatology and Associated Risk Factors for Postpartum Depression in Diverse, Low-Income Women, June, 2008.

Academic Affairs online course development grant for \$4500 for development of a fully online version of NSG415, April, 2006.

J. Richard Corbett Scholars Award granted for \$7280 for collaborative research project with New Hanover Regional Medical Center titled, "Factors Impacting Breastfeeding Duration the First Six Months Following Delivery", April, 2006.

Friends of UNCW grant for \$1250 for technology for simulation lab, April, 2006.

Recipient of Summer Research Grant, Wheeling Jesuit University, 1998 and 1999.

Recipient of Sigma Theta Tau, Omicron Mu Chapter, Research Grant, 1997.

Recipient of scholarship award from District 1 of WVNA, 1997.

Recipient of research grant for fully funded dissertation research study, 1996, Medela, Inc.

COURSES TAUGHT

UCCS

NURS6120, Research and Knowledge Translation in Nursing

UNCW

NSG506, Advanced Practice Roles, Issues, and Trends

NSG402/NSG330, Maternal-Infant Nursing

NSG415, Nursing Research

NSG328, Pathophysiology

NSG112, Survey of Professional Nursing

NSGL516, Nursing Education Practicum, Clinical Instruction

NSGL595, Nursing Education Residency

NSG525, Nursing Education Evaluation

WJU

NUR227, Clinical Nutrition

NUR230, Basic Care

NUR309, Introduction to Nursing

NUR327, Elements of Research in Nursing

NUR319/320, Acute Care Nursing

NUR480/481, Senior Seminar

MSN514, Curriculum and Instruction

MSN515, Evaluation

MSN501, Nursing Research I

THESIS/CAPSTONE COMMITTEES

DNP Capstone Committee Member, Michelle, McEwen-Campbell, Gardner-Webb University, 2015
“Evaluating Chain-of-Command Self-Efficacy in Nursing Students through Obstetrical Simulation”

Undergraduate Honors Project Chair, Diana Lovelace, Class of 2014
“Relationship between Maternal Social Support and Breastfeeding Self-Efficacy for Mothers of Preterm Infants intending to Breastfeed: A Pilot Study”

Graduate Project Chair, Amanda Stone, Class of 2012
“Nutrition of the Preterm Infant after Discharge: Supporting Human Milk Feedings”

Graduate Project Chair, Jamie Hamm, Class of 2012
“Maternal Obesity: Breastfeeding Outcomes and Implications for Primary Care”

Undergraduate Honors Project Chair, Kristin George, Class of 2012
“Relationship between Past History of Depression and Levels of Perinatal Depression”

Undergraduate Honors Project Chair, Kathryn Godown, Class of 2012
“Factors Impacting Breastfeeding Exclusivity of Term and Near-Term Infants at Discharge”

Undergraduate Honors Project Chair, Jessica Messina, Class of 2012
“Nurses’ Perceptions of the Benefits and Barriers of Developmental Care in the Neonatal Intensive Care Unit”

Graduate Project Chair, Colleen Fels, Class of 2012
“Computer-Based Learning: Building Knowledge and Self-Confidence for the Registered Nurse”

Graduate Project Chair, Kimberly Walker, Class of 2012
“Improving the Knowledge of Nursing Caring for Patients with Diabetic Ketoacidosis using Computer Assisted Instruction”

Undergraduate Honors Project Chair, Ashli Gibson-Hasty, Class of 2012
“The Impact of Pharmacological Induction of Labor on Physiological and Feeding Outcomes in the Term Neonate”

Undergraduate Honors Project Chair, Paige Jeffries, Class of 2011
“Mediating Variables of Breastfeeding and Supplemental Feedings among Preterm Infants in the Neonatal Intensive Care Unit”

Undergraduate Honors Project Chair, Mercedes Goetting, Class of 2011
“Level of Knowledge, Attitudes and Self-Efficacy of Nurses in Management of Pediatric Pain”
*Recipient of UNCW Honors Research Award and Hosier Undergraduate Research Fellowship Award

Undergraduate Honors Project Chair, Madeline Carter, Class of 2011
“Nurses’ Perceptions of Factors Impacting Breastfeeding Exclusivity In-Hospital for Full-Term Infants”

Undergraduate Honors Project Chair, Jessica Stauffer, Class of 2010
"The Prediction and Prevention of Preeclampsia: A Systematic Review"

Undergraduate Honors Project Chair, Amy Ellis, Class of 2009
"Relationship between Perceived Social Support and Postpartum Depression in a Group of Diverse Low Income Women in Southeastern North Carolina"

*Received award for best undergraduate research poster 2014ation at the Nu Omega Research Day, April 17, 2009. Project nominated for the UNCW Portz Scholar Award.

Undergraduate Honors Project Chair, Kelsey Durham, Class of 2009
"Experiences of Certified Nurse Midwives in Providing Culturally Competent Care to Hispanic Women in Southeastern North Carolina"

* Project accepted for 2014ation at the Posters on the Hill 2009 in Washington, DC, May 4-5, 2009

Graduate Project Chair, Julie Harris, Class of 2009
"Factors Influencing Success for the Baccalaureate Graduate on the National Council Licensure Exam for Registered Nurses"

Undergraduate Honors Project Chair, Lauren Hardison, Class of 2008
"Systematic Review of Literature on the Best Practices for Breastfeeding in the Preterm Infant"

Undergraduate Honors Project Chair, Marian Deaton, Class of 2007
"The Role of Self-Efficacy in the Duration of Breastfeeding up to Six Months Following Delivery"

Graduate Project Chair, Susan Brandt, Class of 2005
"Effect of Prenatal Education on the Level of Car Seat Safety Knowledge in Pregnant Adolescents"

Graduate Project Chair, Alyssa Patterson, Class of 2006
"The Effectiveness of a Brief Educational Intervention on the Level of Osteoporosis Prevention Knowledge in Young Adult Women"

RECOGNITIONS

Received Chancellor's Teaching Excellence Award, UNCW, May, 2013

Received recognition from the Division of Students Affairs that name was submitted by senior nursing students for having made a difference in their education: December, 2014; May, 2014; December, 2013; May, 2013; December, 2012; May, 2011; December, 2011, May, 2010, December, 2010, May, 2009, December, 2008; May, 2008; December 2007; May, 2006.

Received recognition as the NACURH, Inc., Organization of the Month, for September, 2012. Class of May, 2014 nominated the first semester nursing instructors for their outstanding support of the class.

Researcher Award, Nu Omega Research Day, April, 2010, Poster Presentation

Researcher Award, Nu Omega Research Day, March, 2008, Poster Presentation

Faculty of the Year' at University of North Carolina, School of Nursing, May, 2007 and May, 2009

Nominated for Nurse's Day Celebration Recognition, May, 2006 and May, 2007

Distinguished Professional Alumni Award, OVGH School of Nursing, 2002

Selected 'Nurse of the Year' at Ohio Valley Medical Center, 1986, Bedside Specialist

PROFESSIONAL ORGANIZATIONS

ANA, NCNA (Convention Delegate 2011)

NLN

ILCA (International Lactation Consultant Association)

Sigma Theta Tau, Nu Omega Chapter

AWHONN

SERVICE

A. Service to the University (UNCW)

Member of Internship Advisory Committee

Faculty Leader for 2010 Freshman Convocation

Member of the CTE Faculty Advisory Committee, 2010-2011

Member of the RTP Faculty Panel sponsored by CTE, August, 2010

Participant in Women in Leadership Mentoring Program

Elected to Faculty Senate, 2006-2008

Member of the university-wide committee for the American Cancer Society Walk, 2007, 2008

Member of Learning Assessment Council, 2008-2011

Member of Majors Assessment Subcommittee, 2008

Member of Faculty Professional Relations Committee, Senate, 2008

Member of Admission Policies and Recruitment Materials Subcommittee for SACS accreditation, November 2008.

Member of Faculty Handbook Committee, 2009-2010.

Member of the Faculty Senate RTP Committee, 2011.

B. Service to the School/College (UNCW)

Interim Director: 2014

Associate Director: 2013

Assistant Department Chair: 2011-2013

Member of Prelicensure Council, Chair: 2005-2013

Nurses' Day Celebration Committee Member, 2011

Nurses' Day Celebration Committee Chair, 2012-2014

Curriculum Committee Chair, 2009-2011, major curriculum change

Curriculum Committee Member, 2012-2014

CHHS Faculty Advisory Council, 2012-2014
Class Advisor, 2008, 2010, 2012
Member of Graduate Council, 2004-2014
Member of Faculty Affairs and Search Committee, 2006-2014
Member of Program Evaluation Committee, 2007-2010, 2012-2013
Member of the Self-Study Committee for CCNE Accreditation, 2007-2008
Coordinator for NSG330, NSG415, NSG328
ANS Advisor, 2005-2008
Coordinator for Summer NSG250, 2005
Nu Omega Chapter of STTI: Faculty Counselor, 2005-2009
Nu Omega Chapter of STTI: Treasurer, 2011-2014
Camp BONES, 2005-2007
American Cancer Society, 'Relay for Life' Steering Committee, UNCW, 2007 and 2008,
Team Captain for SON
Search Committee Member, Vice-Chancellor for Faculty Development
Search Committee Member, Belk Distinguished Professor and McNeill Distinguished
Professor
Various School of Nursing Faculty and Staff Search Committees: Chair and Member: 2006-
2014

C. Service to The Profession

Mentor to Item Writers: International Commission on Health Care, Graduates of Foreign
Professional Nursing Schools, July, 2000. Philadelphia, PA.
Examination Committee Member: International Commission on Health Care, Graduates of
Foreign Professional Nursing Schools, 2002-2006. Philadelphia, PA.
Judge for 2003 Alpha Sigma Nu National Jesuit Book Award, August, 2003
Reviewer for Comprehensive Review for NCLEX-RN, 2004.
March of Dimes, North Carolina Chapter, Southeastern Program Services Committee, Grant
Reviewer, 2007-2012.
Sigma Theta Tau, International, Nurse Leader Application Reviewer, 2008-2012
Program Evaluator for NLNAC (National League for Nursing), 2009-2011.
Member of Special Projects Fund Committee, District 22 Representative, North Carolina
Nurses Association, 2009-2011.
Reviewer for ICAN Journal: Infant, Child & Adolescent Nutrition, 2009-2014.
Poster Judge for Nu Omega Chapter Research Day, 2010, 2012, 2013.
Instructor for NRP (Neonatal Resuscitation Program): conduct three NRP recertification
classes each year for NHRMC (2004-2014)
Member of the Test Committee for the International Lactation Consultant Exam, 2013-
Present

D. Service to the Community

Ohio Valley Breastfeeding Coalition (Wheeling), Co-Founder and Chair
CPR and Neonatal Resuscitation Instructor
Tri-County Breastfeeding Coalition (Wilmington): Secretary/Treasurer, 2006-2014