

# Curriculum Vitae

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## 1. NAME

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Gina R. Burton

## 2. EDUCATION

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University of Oklahoma, MHR  
Masters in Human Relations 2003

University of Southern Colorado, BSW  
Bachelors in Social Work 1997

## 3. PROFESSIONAL EXPERIENCE

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University of Colorado- Colorado Springs Jan. 2015- Present  
Department of Health Sciences  
Instructor

Aspen Pointe Enterprises Sept. 2013-Dec. 2014  
Center For Wellbeing  
Program Coordinator/Supervisor

RAF Lakenheath Jan. 2009- May. 2012  
Fitness Center  
Manager, Wellness Coach, Boot Camp Instructor

Gym X Jan. 2006- Oct. 2009  
Fitness Director

Plains Regional Medical Center Jan. 2006- Jul. 2009  
Home Health and Hospice  
Medical Social Worker

Cannon Fitness Center, Risner Fitness Center, Jan 2009- Jan. 2006  
AFAA Contractor  
Personal Trainer, Fitness Instructor, Exam Proctor

University of Oklahoma Jan. 2002- Mar. 2003  
Graduate Field Coordinator/Advisor

Portales School District Aug. 1997- Aug. 2001  
School Social Worker

#### 4. GRANTS AND RESEARCH

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**Teaching Online Certificate Program.** Online development course for new HSCI courses added to Health and Wellness undergraduate program 2015.

#### 5. COURSES TAUGHT

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<b>Health Coaching (HSCI 4650)</b>	<b>2018</b>
Undergraduate	<b>2019</b>
	<b>2020</b>
<b>Corporate Wellness (HSCI 3120; Online)</b>	<b>2016</b>
Undergraduate	<b>2017</b>
	<b>2018</b>
	<b>2019</b>
	<b>2020</b>
<b>Health Assessment (HSCI 4670)</b>	<b>2015</b>
Undergraduate	<b>2016</b>
<b>Culture and Health (HSCI 3630; Online)</b>	<b>2015</b>
Undergraduate	<b>2016</b>
	<b>2017</b>
	<b>2018</b>
	<b>2019</b>
	<b>2020</b>
<b>Introduction the Health Science Professions ( HSCI 2010) Undergraduate</b>	<b>2015</b>
	<b>2016</b>
	<b>2017</b>
	<b>2018</b>
	<b>2019</b>
	<b>2020</b>
<b>Health Behavior Change (HSCI 3201)</b>	<b>2015</b>
Undergraduate	<b>2016</b>
	<b>2017</b>
<b>Health Behavior Change (HSCI 3201; Online)</b>	<b>2015</b>
Undergraduate	<b>2016</b>
	<b>2017</b>

	<b>2018</b>
	<b>2019</b>
	<b>2020</b>
<b>Concepts of Health and Disease (HSCI 4590; Online)</b>	<b>2015</b>
Undergraduate	<b>2016</b>
	<b>2017</b>
	<b>2018</b>
	<b>2019</b>

## **6. RECOGNITIONS**

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Quality Matters Course Certification	2019
AP STAR award	2014
Officers Spouse Scholarship	2003
Military Spouse Scholarship	2002

## **7. PROFESSIONAL ORGANIZATIONS**

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Real Balance Global Wellness: Certified Health and wellness Coach	2019-Present
Dr. Sears Wellness Institute: Certified Health Coach	2016-Present
TRX Qualifier: TRX Instructor	2016-Present
Real Ryder: Real Ryder Instructor	2014-Present
Oxygen Certification	2014-Present
Coopers Institute: Fitness Specialist	2005-Present
Schwinn: Cycling Instructor	2004-Present
American Council on Exercise: Personal Trainer	2003-Present
Aerobics and Fitness Association of America: Group Fitness	2000-Present
National Association of Social Workers	1997-2009

## **8. SERVICE**

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<b><u>University: University of Colorado, Colorado Springs</u></b>	
Wellness Fair	<b>2018</b>
	<b>2019</b>
Small Teaching- Teaching Circle	<b>2019</b>
	<b>2018</b>
Diversity Champion	<b>2018</b>
	<b>2017</b>
	<b>2016</b>
Participated in University Commencement	<b>2019</b>
	<b>2018</b>
	<b>2017</b>

	2016
	2015
<b>Support of Clyde's Cupboard to Aid in Student Support</b>	2019
	2018
	2017
	2016
	2015
<b>Participant in the Early Alert Program for Student Success</b>	2017
	2016
	2015
<b>Participant of Student Response Team</b>	2019
	2017
	2016
<b>Ignite Colorado Attendee</b>	2016
<b>Trek the Trail 5k Sponsorship Support</b>	2019
	2015

**College: Helen and Arthur E. Johnson Beth-el College of Nursing and Health Sciences**

<b>Faculty Affairs Committee Member</b>	2020
	2019
	2018
	2020
<b>College Assembly</b>	2019
	2018
	2017
	2016
	2015
<b>Participant of Canvas Pilot Program</b>	2017
<b>Participant in Prep for the 50<sup>th</sup> Anniversary</b>	2015

**Department: Health Sciences**

<b>Health Coach Internship Supervisor</b>	2020
	2019
	2018
<b>Merit Review Committee Member</b>	2020
	2019
	2018
<b>Health Coach Mentor</b>	2020
	2019
	2018
	2017
<b>Health Coach Panel for Graduate Course</b>	2017
<b>Diversity Champion for HSCI Instructor Search Committee</b>	2019

	2017
Diversity Champion for HSCI Assistant Professor Search Committee	2018
	2017
Health Promotion Curriculum Task Force	2018
	2017
	2016
Guest Lecture for HSCI 4050	2017
	2016
Guest Lecture for Graduate Course HSCI 6650	2017
	2016
Health Sciences Department Meeting Member	2020
	2019
	2018
	2017
	2016
	2015
New Employee Onboarding for HSCI 3201	2017
	2016
Nutrition Faculty Presentation Attendee	2016
Health Promotion Professor Lecture Attendee	2016
Mentored Students on HSCI Professions	2019
	2018
	2017
	2016
Advised Students on Class Curriculum Requirements	2017
	2016
Health and Wellness Curriculum Task Force	2017
	2016
	2015
Gust Lecture for HSCI	2015
Health Sciences Department Meeting	2020
	2019
	2018
	2017
	2016
	2015
<u>Community</u>	
City Employee Fitness Assessments Trainer	2017
Operations Manager for Kirkpatrick Bank Worksite Wellness	2017
	2016
Health Coach Kirkpatrick Bank	2017
	2016
Integrative Services Meeting Facilitator	2016
	2016
Organized Student Involvement with Community Worksite	2017

<b>Wellness</b>	<b>2016</b>
<b>City Employee Wellness Obesity and Weight Management Task Force</b>	<b>2016</b>
<b>YMCA Data Process/Outcomes Task Force</b>	<b>2016</b>
<b>Participant of the Combined Federal Campaign</b>	<b>2016</b>
	<b>2015</b>
<b>Climb for Courage Worksite Wellness for KPB</b>	<b>2016</b>

### Professional Development

Real Balance Global Wellness	2020
	2019
Health Coach Re-Certification	2019
Canvas Training	2019
Ace Recertification	2019
Mandatory Reporting	2019
UCCS Social Media	2019
Indoor Cycling	2019
TRX	2019
Functional Training	2019
Health Coach Re-Certification	2018
Small Teaching – Teaching Circle	2018
Indoor Cycling	2018
Diversity Summit	2017
Safe Zone Training	2017
Generation Z	2017
Canvas Training	2017
Search Committee Training	2017
Accessibility with Disability Services	2017
Health Coach Certification	2016
Diversity Champion	2016
CPR BLS	2016
First Aid	2016
Oxygen	2016
Blackboard Boot Camp	2015
Technogym	2015
Colorado Culture of Health Conference	2014
Mental Health First Aid	2014
Dimensions Well Body	2014
Work Ethic Trainer	2013
Motivational Interviewing	2014
Work Site Wellness	2013
CPR HealthCare Professional	2010