



Health Science Minors

The following department guidelines have been established for minor programs from the Health Science Department of Beth-El College of Nursing and Health Sciences at the University of Colorado at Colorado Springs. Please be sure to speak with an academic advisor in Main Hall, 2nd floor, to declare a minor. **NOTE: All minors require a minimum GPA of 2.0 or better to earn the minor.**

NUTRITION			
Department Website			
A minor in Nutrition requires at least 18 credit hours. All classes must be completed with a grade of C- or better. Students will be responsible for any prerequisites to required courses. A maximum of 9 hours of transfer work may apply to the minor.	<i>Complete 18 credit hours from the following courses:</i>		
	HSCI 2070	Nutrition for Health Professionals	3
	HSCI 3201	Health Behavior Change	3
	HSCI 3280	Herbal & Dietary Supplements	3
	HSCI 3330	Sports Nutrition: Basic Principles	3
	HSCI 3520	Health Communication	3
	HSCI 4050	Obesity and Weight Management	3
	HSCI 4060	Sports Nutrition	3
	HSCI 4090	Food, Culture, Community and Health	3
	HSCI 4430	Advanced Nutrition I: Macronutrient Metabolism	3
	HSCI 4440	Advanced Nutrition II: Micronutrient Metabolism	3
	Total		