

## MSc in Health Promotion

**34 Credits**

<b>Health Science Research Requirements</b>	<b>4-10 Credits</b>	<b>Semester Offered</b>	<b>Year</b>
HPNU 5010 Research and Statistical Design	4	Fall	Year 1
HSCI 7000 Thesis	6	Fall, Spring, Summer	Year 2
OR			
HSCI 6090 Graduate Research Project	3	Fall, Spring, Summer	
OR			
Comprehensive Exam	0	Fall, Spring	Year 2

### Health Promotion Core

**16 Credits**

HSCI 6040 Health Behavior Change and Theory	3	Fall	Year 1
HSCI 5100 Interprofessional Education	1	Spring	Year 1
HSCI 6060 Community Health Promotion and Education	3	Fall	Year 2
HSCI 6031 Program Planning and Evaluation in Health Promotion	3	Fall	Year 1
HSCI 5422 Project Management in Health Promotion	3	Fall	Year 2
HSCI 6650 Health and Wellness Coaching	3	Spring	Year 1

### Suggested Electives

**8-12 Credits**

*Note: Students may take one elective course outside the department without written approval.  
With written approval from the program coordinator, a second outside elective course may be taken.  
No more than two outside elective courses may be taken.*

HSCI 5020 Qualitative Research	3	Periodic (instructor dependent)	
HSCI 6011 Sport Psychology	3	Spring	
HPNU 5050 Obesity and Weight Management	3	Fall, Spring	
HSCI 6070 Health Promotion Practicum	1-6	Fall, Spring, Summer	
HSCI 6170 Special Topics in Health Sciences	3	Periodic (instructor dependent)	
HPNU 6140 Food, Culture, Community, and Health	3	Fall	
HPNU 6160 Dietary Supplements	3	Spring	
COMM 5050 Public Relations and Social Media	3	Fall, Spring	
COUN 5040 Human Growth and Development	3	Summer	
COUN 5070 Adventure Education and Experiential Learning	3	Spring	
COUN 5510 Principles of Addictions Treatment	3	Fall	
PAD 5002 Organizational Management and Behavior	3	Fall	
PAD 6115 Grant Writing	3	Spring	
SOC 5230 Foundations of Disability Studies	3	Spring	

**MSc in Health Promotion: Thesis Option Suggested Course Sequence**

<b>First Year</b>	
<b>Fall Semester</b>	
HSCI 6040 Health Behavior Change and Theory	3
HPNU 5010 Research and Statistical Design	4
HSCI 6031 Program Planning and Evaluation in Health Promotion	3
<b>TOTAL</b>	<b>10</b>
<b>Spring Semester</b>	
HSCI 6650 Health and Wellness Coaching	3
HSCI 5100 Interprofessional Education	1
HSCI 6070 Health Promotion Practicum	2
Elective	3
<b>TOTAL</b>	<b>9</b>
<b>Second Year</b>	
<b>Fall Semester</b>	
HSCI 6060 Community Health Promotion and Education	3
HSCI 7000 Thesis	3
HSCI 5422 Project Management in Health Promotion	3
<b>TOTAL</b>	<b>9</b>
<b>Spring Semester</b>	
HSCI 7000 Thesis	3
Elective	3
<b>TOTAL</b>	<b>6</b>
<b>Program Total</b>	<b>34</b>

**MSc in Health Promotion: Graduate Capstone Project Option Suggested Course Sequence**

<b>First Year</b>	
<b>Fall Semester</b>	
HSCI 6040 Health Behavior Change and Theory	3
HPNU 5010 Research and Statistical Design	4
HSCI 6031 Program Planning and Evaluation in Health Promotion	3
<b>TOTAL</b>	<b>10</b>
<b>Spring Semester</b>	
HSCI 6650 Health and Wellness Coaching	3
HSCI 5100 Interprofessional Education	1
HSCI 6070 Health Promotion Practicum	2
Elective	3
<b>TOTAL</b>	<b>9</b>
<b>Second Year</b>	
<b>Fall Semester</b>	
HSCI 6060 Community Health Promotion and Education	3
HSCI 6070 Health Promotion Practicum	3
HSCI 5422 Project Management in Health Promotion	3
<b>TOTAL</b>	<b>9</b>
<b>Spring Semester</b>	
HSCI 6090 Graduate Research Project	3
Elective	3
<b>TOTAL</b>	<b>6</b>
<b>Program Total</b>	<b>34</b>

**MSc in Health Promotion: Comprehensive Exam Option Suggested Course Sequence**

<b>First Year</b>	
<b>Fall Semester</b>	
HSCI 6040 Health Behavior Change and Theory	3
HPNU 5010 Research and Statistical Design	4
HSCI 6031 Program Planning and Evaluation in Health Promotion	3
<b>TOTAL</b>	<b>10</b>
<b>Spring Semester</b>	
HSCI 6650 Health and Wellness Coaching	3
HSCI 5100 Interprofessional Education	1
HSCI 6070 Health Promotion Practicum	2
Elective	3
<b>TOTAL</b>	<b>9</b>
<b>Second Year</b>	
<b>Fall Semester</b>	
HSCI 6060 Community Health Promotion and Education	3
HSCI 5422 Project Management in Health Promotion	3
Elective	3
<b>TOTAL</b>	<b>9</b>
<b>Spring Semester</b>	
Elective	3
Elective	3
Comprehensive Exam	0
<b>TOTAL</b>	<b>6</b>
<b>Program Total</b>	<b>34</b>