

University of Colorado Colorado Springs  
Athletic Training Program  
Technical Standards for Admission

Athletic training is an intellectually, physically, and psychologically demanding profession. The abilities that an athletic trainer needs to practice safely are those described below, in the [Commission on Accreditation of Athletic Training Education \(CAATE\)](#) standards, and in the [Board of Certification for the Athletic Trainer](#) role delineation study/practice analysis. All admitted and enrolled students of the Masters of Science Athletic Training (MSAT) program must be able to meet these minimum standards for successful completion of degree requirements. Attestation by a physician or other healthcare provider (i.e.: PA) is required.

### **Observation**

Observation requires the functional use of vision, hearing, and somatic sensations. Students must be able to:

- participate in lectures and laboratory demonstrations
- observe and palpate a patient accurately to determine variations from normal and observe output readings to determine a patient's condition and the status of a treatment

Examples in which these observational skills are required include, but are not limited to:

- palpation of anatomical structures
- visual and tactile assessment for the presence and degree of edema
- listening to a patient describe his or her medical history and current symptoms

### **Communication**

Students must be able to:

- understand, speak and write in the English language at a level consistent with competent professional practice
- communicate effectively and sensitively with patients, including individuals from different cultural and social backgrounds, to elicit information regarding mood, activities, and health complaints, as well as perceive nonverbal communications
- communicate effectively and efficiently with other members of the health care and athletic community to convey information essential for safe and effective care
- read, communicate in writing, and demonstrate computer literacy to complete assignments

### **Motor Function**

Students must have sufficient motor function to:

- elicit information from the patient examination, using palpation, muscle strength assessment, joint range of motion measurement, and other evaluative maneuvers
- be the first responder in a potentially catastrophic injury (e.g., in-line stabilization of cervical spine, rescue breathing, obstructed airway management, and cardiopulmonary resuscitation) Some tasks require the ability to lift the equivalent of an adult human's body weight.
- execute movements required to provide therapeutic care, such as performing mobilization and wound care techniques

These skills require coordination of both gross and fine muscular movement and equilibrium.

### **Intellectual Abilities**

To effectively solve problems, students must be able to:

- measure, calculate, reason, analyze, integrate, and synthesize information in a timely fashion
- synthesize knowledge and integrate the relevant aspects of a patient's history and examination findings to develop an effective treatment program
- comprehend three-dimensional relationships and understand spatial relationships of structures

### **Behavioral and Social Attributes**

Students must possess the psychological ability required for them to:

- fully use their intellectual abilities
- exercise good judgment
- promptly complete all responsibilities inherent to the assessment and care of patients
- develop mature, sensitive, and effective relationships with patients

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Students must be able to:

- tolerate physically and mentally taxing workloads
- function effectively under stress
- adapt to a changing environment
- function in the face of uncertainties inherent in the clinical problems of patients
- demonstrate ethical behavior, both in the classroom and during their clinical experience

**Reasonable Accommodation**

In compliance with the Americans with Disabilities Act, a qualified student who has a disability may request reasonable accommodations. The student should be referred to [UCCS Disability Services](#) to discuss their particular circumstance and determine whether the student can meet the technical standards with reasonable accommodations; this includes a review of whether the requested accommodations are reasonable, taking into account whether accommodations would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experience, and field experience deemed essential for graduation.

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**PROVIDER:** Select ONE of the statements below, sign, & date.

I certify that I have read and understand the technical standards for selection into the Athletic Training Program above, and believe to the best of my knowledge that (Name of Student): \_\_\_\_\_ is:

- Able to meet these technical standards without accommodation.
- Able to meet these standards with reasonable accommodation.
- Unable to meet these standards with or without reasonable accommodation.

\_\_\_\_\_  
Provider Printed Name

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Provider Practice Name and Location

\_\_\_\_\_  
Provider Practice Address

\_\_\_\_\_  
Provider Practice Phone Number